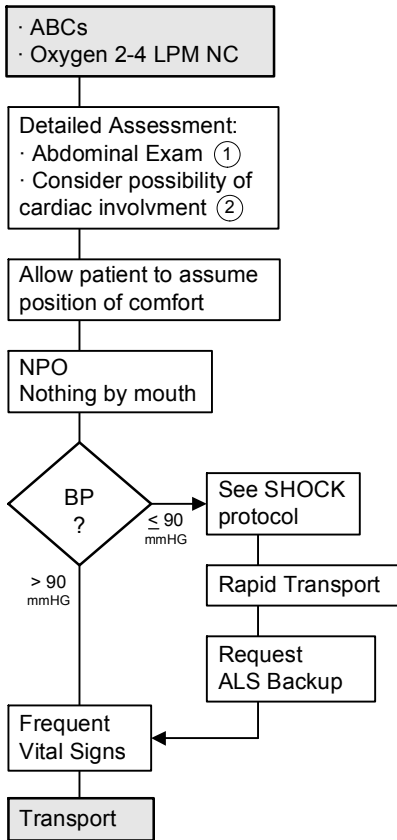


Abdominal Pain:  
Not related to pregnancy or trauma

**BLS**  
Protocol



- Document:
- Abdominal Signs/SX
  - Absence or Presence of Chest Pain
  - Nature of Pain
  - Vital Signs
  - SpO2
  - Treatment
  - Response to Treatment

1 Abdominal Exam: Note pain (nature, duration, intensity on 1-10 scale, radiation).  
Observe for palpable mass, always palpate with care. Auscultate prior to palpation.  
Note associated signs & symptoms; (nausea, vomiting, bowel tones, guarding, rebound tenderness, distention). History: previous episodes, last meal, current medications, last menstrual period, possibility of pregnancy.

2 Be aware that ischemic cardiac pain can present as abdominal pain, especially in older patients. If cardiac pain is suspected request ALS Backup.